



TRAINING CURRICULUM

TOTAL TRAINING HOURS: 1300

1. THEORETICAL PART (267 hours)

1.1 Theory and diagnostics: 70 hours	1.1.1 Moreno Role theory 18h
	1.1.2 Developmental psychology 14h
	1.1.3 Psychopathology 18h
	1.1.4 Psychosomatics 4h
	1.1.5 Psychotherapeutic diagnostics 4h
	1.1.6 Group Dynamics 8h
	1.1.7 Technical analysis of a psychodrama session 4h
1.2 Methodology and techniques: 130 hours	1.2.1 Psychodrama group psychotherapy 50h
	1.2.2 Basic psychodrama techniques 8h
	1.2.3 Monodrama 20h
	1.2.4 Sociodrama 18h
	1.2.5 Axiodrama and Bibliodrama 4h
	1.2.4 Surplus Reality 8h
	1.2.5 Crisis intervention and couple therapy 10h
	1.2.6 Family therapy and psychodrama 4h
	1.2.7 Organizational psychodrama and industrial psychology 2h
1.2.8 Child psychodrama 4h	
1.2.9 Transgenerational psychodrama 2h	
1.3 Personality and interaction theories: 51 hours	1.3.1 History and philosophy of psychodrama 4h
	1.3.2 Use of theatrical practices in psychodrama 3h
	1.3.3 Sociometry 10h
	1.3.4 Personality disorders' seminar 16h
	1.3.4 Trauma therapy and psychodrama 16h
1.3.5 Psychodramatist's ethics and behaviour 2h	
1.4 Psychodrama literature (articles and books): 16 hours	



2. PRACTICAL PART (1033 hours)

2.1. Self-awareness: 585 hours	2.1.1 Group self-awareness 250h
	2.1.2 Self-awareness in an individual setting. Monodrama 60h
	2.1.3 Couple therapy practice 30h
	2.1.4 Sociodrama practice 80h
	2.1.5 Art therapy combined with psychodrama in practice 18h
	2.1.6 Group Analysis combined with psychodrama in practice 17h
	2.1.7 Online Psychodrama therapy (group therapy and monodrama) 40h
	2.1.8 Transgenerational psychodrama practice 10h
	2.1.9 Role training 80h
2.2 Work placement: 90 hours	2.2.1. Internship in a specialised health care facility (clinical internship) 90h
2.3 Internship supervision: 160 hours	2.3.1 Psychodramatic group leading under supervision 80h
	2.3.2 Online psychodrama group leading under supervision 80h
2.4 Supervision: 94 hours	
2.5 Research: 36 hours	2.5.1 Research seminar 18h
	2.5.2 Research for thesis 18h
2.6 Thesis: 68 hours	2.6.1 Thesis seminar 36h
	2.6.2 Thesis supervision 32h
2.7 Examination: 5 hours	2.7.1 Leading a group psychodrama 3h
	2.7.2 Theory oral exam 1h
	2.7.3 Presentation of thesis 1h
